

## 2022-23 COVID Protocols for Students and Staff

(Updated August 2022)

**Start of School: Masking is optional and vaccinations are encouraged**

<b>Daily Home Screening for Symptoms</b>	<ul style="list-style-type: none"><li>• Parents will screen their students and staff will screen themselves for the following:<ul style="list-style-type: none"><li>○ Fever (100.4 or greater)</li><li>○ Chills or repeated shaking with chills</li><li>○ Cough/ Shortness of breath or difficulty breathing</li><li>○ fatigue or tiredness</li><li>○ Loss of taste or smell</li><li>○ muscle or body aches</li><li>○ headache sore throat</li><li>○ congestion or runny nose</li><li>○ nausea or vomiting</li><li>○ diarrhea.</li></ul></li><li>• If experiencing multiple symptoms:<ul style="list-style-type: none"><li>○ Stay home from school</li><li>○ Seek medical advice from your primary care provider to determine if COVID testing is needed.</li></ul></li></ul>
<b>Positive Test Results</b>	<ul style="list-style-type: none"><li>• Please notify the school office.</li><li>• Isolate at home for five days (the day of symptom onset is considered “Day Zero”)</li><li>• The isolation period pertains to all school and extracurricular activities related to our school and parish.</li><li>• After the five days, the student or staff member may return to school on “Day 6” with improved symptoms and no fever for 24 hours without the use of fever-reducing medication.</li><li>• Face masks are strongly recommended indoors through “Day Ten”.</li><li>• Consult with your primary care provider for any Quarantine Instructions <b>of other Household members.</b></li></ul>
<b>Calendar of Return to School Dates with a Positive COVID-19 Test</b>	<ul style="list-style-type: none"><li>• Click <a href="#">here</a> for a calendar of return-to-school <b>and</b> extracurricular activities dates.</li></ul>
<b>CDC Recommended COVID-19 Quarantine and Isolation Guidelines</b>	<ul style="list-style-type: none"><li>• Click <a href="#">here</a> for the CDC Calculator and Guidelines for <b>Isolation of positive individuals</b> and <b>Quarantine for other household members</b> Parents and staff are expected to consult with their primary care provider and follow their recommendations.</li></ul>
<b>Confirmed COVID-19 Case at School Protocols</b>	<ul style="list-style-type: none"><li>• School will collaborate with the local health departments regarding the <b>current requirements</b> for notification of positive cases within school and any recommendations for isolation, exclusion, or close monitoring.</li><li>• The name of the person with a suspected or confirmed diagnosis will not be shared by school.</li><li>• School will continue to consult with state and local health departments along with the Omaha Archdiocese throughout the year.</li><li>• <b>School reserves the right to make adjustments</b> to all parts of this protocol if needed as new information becomes available, or to meet any specific challenges or clusters/outbreaks in a class or building.</li><li>• Any absentee rate over 10% is investigated by the local health department to track communicable disease outbreaks.</li></ul>